

Below is guide for Colorado-based new psychologists, those renewing or reinstating licenses. It is only meant as a guideline.

The Sept 2017- Aug 31, 2019 Continuing Professional Development (CPD):

The **3 REQUIREMENTS** that will need to be turned into the board. (Below the requirements are **4 STEPS** to get you there)

You must:

1. Develop a learning plan of CPD
2. Complete 40 hours of CPD
3. Document all 40 hours of CPD

***Psychologists need to find for themselves activities that meet the board requirements.

Step 1

RSAT Reflective Self-Assessment Tool (RSAT) this helps lay out your plan to fulfill the 40 hrs. of CPD that is required in the cycle. RSAT is a tool for your use - **NOT REQUIRED – OPTIONAL**

Step 2

Learning Plan **REQUIRED** - you much develop, execute, and document your plan (the RSAT is a tool to help you get this done)

Step 3

Execute your plan and accrue 40 hours of CPD - **REQUIRED**

(10 PDH may be carried over to the 2019/2020 cycle if they were completed 3 months before the expiration of the current cycle)

PDH Activities Categories (they are a pdf on the DORA website with great detail as to what info you need to document **DOCUMENTATION IS REQUIRED – I have just done an overview**)

- Coursework (attend seminars, workshops, etc.) Must be accredited or approved by APA
- Ethics - complete a course by APA .
- Develop/Teach an Academic Course (1st delivery of that course only) If you offer every semester you only get credit for the 1st delivery – dean provides the letter of documentation
- Graduate Coursework – want to go back to school?

- Presenting –develop or present a seminar, symposium, etc. Only 1st delivery counts. For documentation: printed program or agenda, dates, 3 of hours
- Publication – if you author a book – that is all 40 PDH, journal article 20 PDH, edit a book or journal is worth 30 PDH. For documentation: cover sheet, masthead or table of contents
- Editorial Review – by the request of a psychology publication Fro documentation: a completed review by the editorial staff

Step 4

Documentation (they recommend using the learning plan to know what docs you need) You will need to turn in all your documentation of how you reached your 40 PDH

Up to 5% will be audited. For the audit you will need the audit form which they send you, your learning plan, and documentation



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